



# SHARAVATHI DENTAL COLLEGE & HOSPITAL

Alkola, T.H.Road, Shimoga-577205 (Karnataka).

Ph: 08182-298171,295545,9449187257

AFFILIATED TO RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES,  
BANGALORE, KARNATAKA.

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## LIST OF CROSS-CUTTING ISSUES WITH DESCRIPTION 2016-2017

### SELF-DEFENCE -2016-2017



Self-defence is a technique or a way to defend oneself from any physical attack or any harm without causing much violence against any physical attack happening.

Sharavathi Dental College and Hospital organized a program on “Self Defence”. The objective of the program was to make students aware about self-defence.

The occasion was graced by our beloved Principal Dr. Giridhar Kamath P., Vice-Principal Dr Shrinidhi M.S. and Dr Samrat M.R., Head of the department, Conservative and Endodontics.

Dr. Giridhar Kamath P., emphasized on learning self-defence and applying it while in danger. Dr Samrat M.R. highlighted the key points as to why such kinds of workshops are required to sensitize our girl child/students to self-protect themselves in public places as well as at home.

Self-defense training program was attended by the faculty and students.

A handwritten signature in green ink, likely of the Principal, Dr. Giridhar Kamath P.

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Dr Giridhar Kamath P.,Principal, Dr Shrinidhi M.S.,Vice principal and Dr Samrat M.R., head of the department, conservative and endodontics on the dais



Dr Giridhar Kamath P.,Principal addressing the audience



The students keenly listening to the lecturers organised by Sharavathi Dental College

  
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## **WORLD AIDS DAY 2016-2017**

World AIDS Day is observed on 1 December every year. It aims to increase awareness of the disease, fight the stigma associated with it, improve HIV education, and mobilize resources for the global response to the epidemic.

Millions of people are vulnerable to HIV infection, and AIDS remains a leading cause of death among women of reproductive age and young adolescents. Stigma and discrimination continue to impede the realization of people's rights, including access to essential information and services to prevent and treat HIV.

World AIDS day was observed at Sharavathi Dental College and Hospital. The staff and the students created awareness among the patients about the sexually transmitted diseases and the necessary precautions to be taken.


The program was informative and was well received by the patients.

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Awareness drive in the form of posters, pamphlets made by the students

  
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Intern educating the patient about HIV


  
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## WOMEN'S DAY CELEBRATION-2016-2017

International Women's Day is celebrated on March 8<sup>th</sup> every year to mark the contribution of women to society across the globe. To celebrate the glory of women and keeping in par with this year's women's day theme #beboldforchange, a lecture by Dr Chethana K.C. was organized by Sharavathi Dental College and Hospital. Dr Chethana emphasized and voiced against employment and sex discrimination.

The talk was well received and appreciated by the Principal, Dr. Giridhar Kamath P, Vice Principal, Dr Shrinidhi M.S, teaching and non-teaching staffs.



  
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Dr Shrinidhi M.S. welcoming the dignitaries and the audience



Dr Chethana K.C. emphasized in her talk against sex discrimination.

  
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Faculty and students attending the talk on International Women's Day

A handwritten signature in green ink, consisting of several horizontal strokes and a small loop.

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## WORLD NO TOBACCO DAY- 2016- 2017



Models and posters done by the students of Sharavathi Dental College and Hospital



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Sharavathi Dental College and Hospital (SDCH), Shivamogga, observed “World No Tobacco Day” on 31<sup>st</sup> May by organizing a pledge taking ceremony. The pledge taking ceremony was organized for all the faculty, students and non-teaching staffs of SDC.


The theme for this year is "Tobacco - a threat to development."

Our beloved Principal, Dr Giridhar Kamath P. highlighted that Tobacco-related illness is one of the biggest public health threats the world faces, killing more than 7 million people a year and that tobacco use is one of the largest preventable causes of noncommunicable diseases.

Vice Principal, Dr Shrinidhi M.S., Heads of the department, teaching and non-teaching staff, postgraduates, Interns and students were present and took a pledge to never use tobacco in any form.




Dr Giridhar Kamath P, Principal, Sharavathi Dental College and Science taking the pledge to never use tobacco in any form

  
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The staff and students saying no to tobacco and also educating the patients to take the pledge

  
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## WORLD ENVIRONMENT DAY 2016-2017

### Report:

### Celebration of World Environment Day

### Theme: Connecting People to Nature

Date: 5<sup>th</sup> June 2017

World Environment Day was observed in the college campus by planting tree saplings. Program got started by planting the saplings in front of Department of Oral Medicine & Oral Surgery. Saplings were planted by faculty, students and non-teaching staff.

Dr. Giridhar Kamath P., Principal, spoke on the importance of conserving nature in our lives and how people can reconnect with nature.

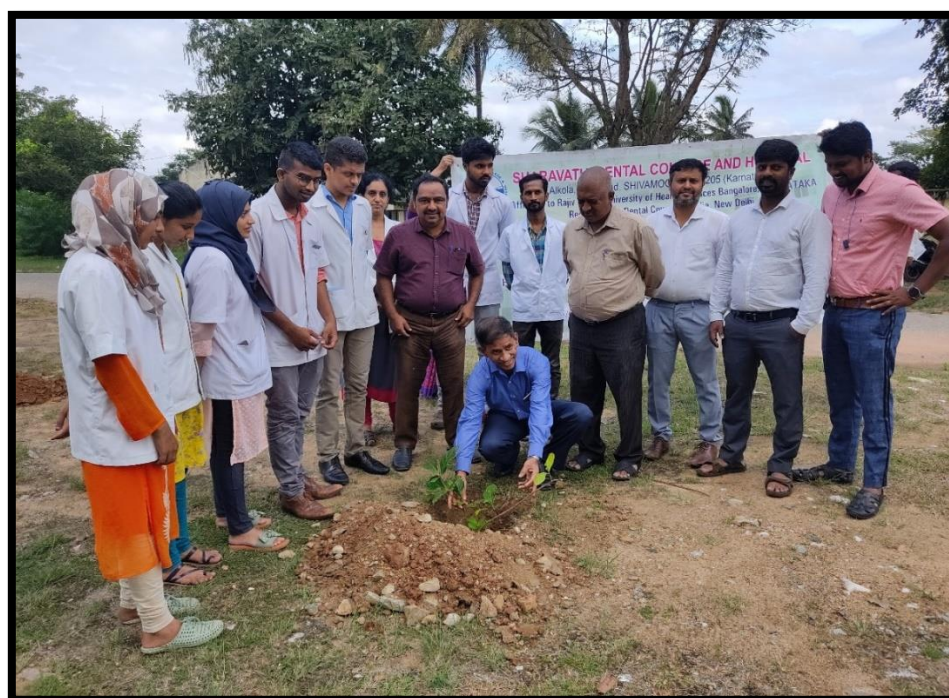
Program was attended by faculty, non-teaching staff UG & PG students.

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Principal Dr Giridhar Kamath P., Head and faculties of various departments along with students taking a pledge to protect and conserve trees



Dr Giridhar Kamath P., Principal of Sharavathi Dental college setting an example by planting a sapling in the college campus

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## LIST OF CROSS-CUTTING ISSUES WITH DESCRIPTION 2017-2018

### SELF DEFENCE -2017-2018

In simple words, we can say that self-defence means defending oneself or protecting self. In other words, we can say that self-defence means an act of defending or protecting one's own interests by either an argument or a strategy.


Keeping this in mind, Sharavathi Dental College and Hospital organised a self-defence seminar for the faculty and students on 14/09/2017.

The occasion was graced by our beloved principal Dr. Giridhar Kamath P., Vice-principal Dr Shrinidhi M.S. and Dr Samrat M.R., Head of the department, Conservative and Endodontics, faculty and students.

Dr. Giridhar Kamath P mentioned that the objective of organizing the seminar was to empower women and to build self-confidence so that they can contribute meaningfully to their own development.

Dr Samrat M.R. emphasized that self-defense is one of those skills all men and women should have. He said that learning this skill has nothing to do with fear and everything to do with feeling empowered, aware and knowledgeable.

The seminar was well received by all the attendees.

  
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“SELF-DEFENCE IS NOT ONLY OUR RIGHT; IT IS OUR DUTY”




Dr Samrat M.R., Head of the Department, Conservative and Endodontics addressing the audience



Inaugural function for self-defence programme

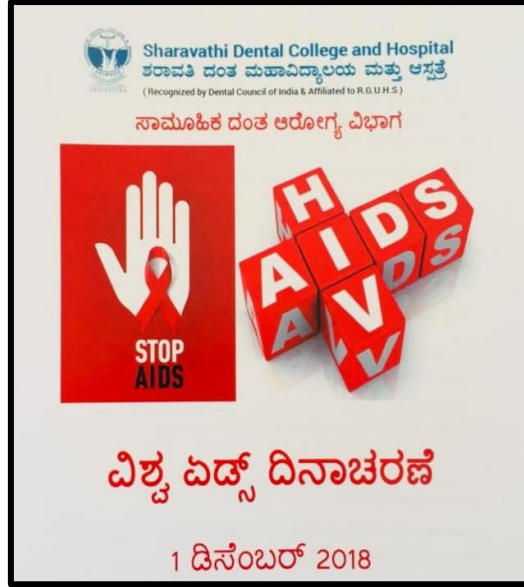


The staff and students of Sharavathi dental college and hospital enthusiastically participating in the program

  
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## WORLD AIDS DAY 2017-2018



On 1 December 2018, WHO advocacy aimed to achieve the following objectives:

- 1.Urge people to know their HIV infection status through testing, and to access HIV prevention, treatment and care services; and
- 2.Urge policy-makers to promote a “health for all” agenda for HIV and related health services, such as Tuberculosis, hepatitis and non-communicable diseases.

To create this awareness among people, World AIDS day was celebrated by Sharavathi Dental College and Hospital. The Department of Public health dentistry in collaboration with NAAC extension activities represented by Dr Giridhar Kamath P, Principal, Dr Meghashyam Bhat – Prof & Head of Department of Public Health Dentistry, Dr Nagendra Shetty-Reader, Dr Ayesha -Tutor, Interns and students (UG &PG) held an awareness programme by travelling 15 km radius from Sharavathi Dental college and Hospital and educating the youth about various communicable diseases. The program was well received by the general public.


  
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Public health dentistry faculty and students creating awareness among the patients on occasion of World AIDS Day



The interns and students distributing the pamphlets to the patients and enlightening them about the same

  
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## WOMEN'S DAY CELEBRATION-2017-2018


The theme for International Women's Day, 8<sup>th</sup> March is #pressforprogress. This day sees the annual celebration of women's achievements and a day of global action aimed at accelerating progress to a more inclusive and gender equal world. The motto behind the theme is to commit to a gender parity mindset via progressive action.

The occasion was graced by our beloved Principal Dr Giridhar Kamath P., Vice-principal Dr Shrinidhi M.S. and Mrs. Sandhya, Department of Anatomy.

Dr Giridhar Kamath P addressed the gathering with a thought-provoking speech and Mrs. Sandhya gave an insight about how we cannot be complacent when we see inequalities in the world and move forward and progress together.

The occasion was attended by the faculties and students of Sharavathi Dental College and Hospital.



  
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Principal Dr Giridhar Kamath P., Vice-principal Dr Shrinidhi M.S. and Mrs. Sandhya on the dais for the inaugural function on the occasion of International Women's Day



Mrs. Sandhya presenting a talk on the theme of International Women's Day  
#Pressforprogress



Students of Sharavathi Dental College on the occasion of International Women's Day

  
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## WORLD NO TOBACCO DAY 2017-2018

This yearly celebration informs the public on the dangers of using tobacco, what WHO is doing to fight tobacco usage, and what people around the world can do to protect future generations.



The focus of World No Tobacco Day 2018 is "Tobacco and heart disease." The campaign aims to increase awareness on the:

- a) link between tobacco and heart and other cardiovascular diseases (CVD)
- b) feasible actions and measures governments and the public can take to reduce the risks to heart health posed by tobacco.

To help with this campaign, Sharavathi Dental College and Hospital, Shivamogga, educated the patients about the ill effects tobacco consumption had on heart and also on the general well-being of the patients. The Department of Public health dentistry represented by Dr Giridhar Kamath P, Principal, Dr Meghashyam Bhat – Prof & Head of Department of Public Health Dentistry, Dr Nagendra Shetty-Reader, Dr Ayesha -Tutor, interns and students (UG &PG) travelled to the city bus depot and educated general public about the dangerous effects of tobacco consumption. The staffs and students of SDC enthusiastically participated in this event and made the campaign a huge success.



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Students standing with the placards on No Tobacco Day



Dr Meghashyam Bhat, Professor and Head, Public Health Dentistry along with the interns and undergraduates visited the bus depot and educated the patients regarding the harmful effects of tobacco usage

*[Handwritten signature]*

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## WORLD ENVIRONMENT DAY 2017-2018

### Report:

### Celebration of World Environment Day

Theme: Beat Plastic Pollution

Date: 5<sup>th</sup> June 2018

World Environment Day was observed in the college campus by planting tree saplings in front of Department of Prosthodontics. Program commenced by Dr. Shivakumar B N speaking on the harmful effects of plastic. Students were encouraged to reduce the usage of single use plastic. It was followed by planting of the saplings. Program was attended by teaching & non-teaching faculty members and students.

Program was attended by faculty, non-teaching staff, and UG & PG students.

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## World Environment Day 2017-2018



Dr. Shivakumar B.N., Head of the Department, Oral Pathology and Microbiology along with faculties and students celebrating world environment day by planting a sapling



Dr. Shivakumar B. N. speaking on the harmful effects of single use plastic

  
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The students of Sharavathi Dental College and Hospital actively participating in celebrating World Environment Day




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Dr Sudhakar Bhat engaging the staff and students with his lecture on self defence



Dr Giridhar Kamath P. , Dr Shrinidhi M.S. and Dr Sudhakar Bhat on the dais

  
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Students standing for the National Anthem at the end of the seminar

A handwritten signature in green ink, consisting of stylized, flowing lines.

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## BLOOD DONATION CAMP 2018-2019

Blood donation camp was organised at Sharavathi Dental College and Hospital in association with Rotary Blood Bank, Shivamogga on 13/11/2018 and 14/11/2018. A team of 2 doctors and 2 nurses from Rotary Blood Bank came for the collection of blood. Blood donation is known to be a greatest donation and a noble step in the service of humanity.

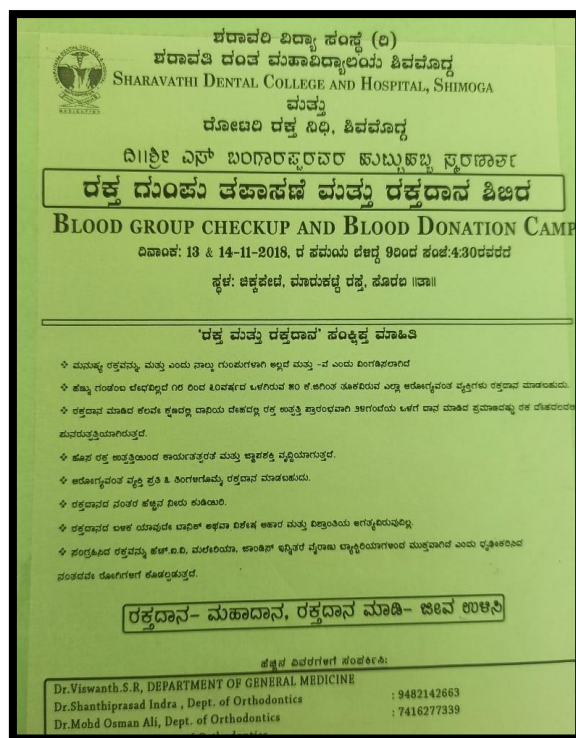
Teaching and non-teaching staff and students of Sharavathi dental college and hospital, actively took part in the blood donation camp. A total of 33 people donated blood.



“Every blood donor is a life-saver”




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## Blood donation camp organised by Sharavathi Dental College

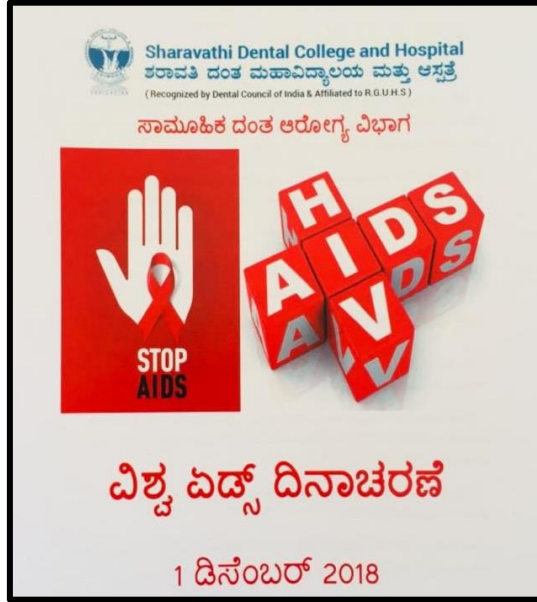


### Staff of Sharavathi Dental College actively taking part in Blood Donation Camp

  
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## WORLD AIDS DAY 2018-2019



On 1 December 2018, WHO advocacy aimed to achieve the following objectives:

- 1.Urge people to know their HIV infection status through testing, and to access HIV prevention, treatment and care services; and
- 2.Urge policy-makers to promote a “health for all” agenda for HIV and related health services, such as Tuberculosis, hepatitis and non-communicable diseases.

To create this awareness among people, World AIDS day was celebrated by Sharavathi Dental College and Hospital. The Department of Public health dentistry in collaboration with NAAC extension activities represented by Dr Giridhar Kamath P, Principal, Dr Meghashyam Bhat – Prof & Head of Department of Public Health Dentistry, Dr Nagendra Shetty-Reader, Dr Ayesha -Tutor, Interns and students (UG &PG) held an awareness programme by travelling 15 km radius from Sharavathi Dental college and Hospital and educating the youth about various communicable diseases. The program was well received by the general public.




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Public health dentistry faculty and students creating awareness among the patients on occasion of World AIDS Day



The interns and students distributing the pamphlets to the patients and enlightening them about the same

  
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## BLOOD DONATION CAMP-2019



Donation of blood is very critical and crucial for saving lives. It is as such a great service or contribution to the society.

A blood donation camp was organized at Sharavathi Dental College and Hospital in association with Rotary Blood Bank, Shivamogga on 09.03.2019.

Principal Dr Giridhar Kamath P encouraged and thanked all the donors for the noble steps they have taken. Senior Rotarians, doctors and nurses from Rotary blood bank were present.

Our college has been religiously organising blood donation camps every year and students and the faculty members come forward voluntarily to donate blood.

The event was a success and is looked forward to in anticipation by all.

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Blood donation camp organised at Sharavathi Dental College and Hospital in association with Rotary Blood Bank, Shivamogga



Dr Zeenath Ambareen, Reader, Department of Pedodontics donating blood on blood donation camp day on college premises

  
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## WOMEN'S DAY CELEBRATIONS -MARCH 8 2018-2019



This year's International Women's Day theme, Balance for Better, focuses on issues around work-life balance, mental health and the challenges women face juggling responsibilities at work and home.

Dr Zeenath Ambareen, Reader, Department of Pedodontics spoke about gender balance in workplaces. She emphasized that equal opportunities and outcomes can be achieved when people are able to access and enjoy equal rewards, resources and opportunities regardless of gender.

The occasion was graced by our beloved Principal Dr Giridhar Kamath P, Vice principal Dr Shrinidhi M.S, teaching and non-teaching staffs.

  
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Dr Zeenath Ambareen addressing the audience on the occasion of International Women's Day



Principal Dr Giridhar Kamath P, Vice Principal Dr Shrinidhi M.S. and Dr Zeenath Ambareen on the dais



Teaching, non-teaching staff and students attending the program

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## WORLD NO TOBACCO DAY 2018- 2019

World No Tobacco Day was organized by the district law, district health and welfare, Sharavathi Dental College and Hospital, Shivamogga Institute of Medical Sciences, Indian Medical association, Shivamogga, Subbiah Dental college and hospital, Shivamogga and so on. Road rallies were arranged and the general public were educated about the harmful effects of smoking and smokeless tobacco. The students made pledge not to use tobacco in any form.



Dr Shrinidhi M.S., Vice Principal and Dr Sudhakar Bhat, Professor and Head, Department of Prosthodontics lighting the lamp to inaugurate World No Tobacco Day on 31<sup>st</sup> May 2019

  
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World No Tobacco Day organized by the district government office, Shivamogga




Students of Sharavathi Dental College and Hospital taking the pledge of not using tobacco in any form

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Road rally by the students of Sharavathi Dental College and Hospital

  
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## WORLD ENVIRONMENT DAY 2018-2019

### Report:

### Celebration of World Environment Day

Theme: Beat Air Pollution

Date: 5<sup>th</sup> June 2019

World Environment Day was observed in the college campus by planting fruit tree saplings in front of girls' and boys' hostel and canteen. Program commenced by planting of the sapling by Dr. Giridhar Kamath, Principal of Sharavathi Dental College and Hospital. It was followed by planting of saplings by other faculty, non-teaching staff and students. Dr. Shrinidhi M.S, Vice-Principal, spoke about the hazards of air pollution and how the quality of air is getting degraded day by day. He also emphasized on how air pollution can be reduced and the quality of air improved in the environment by planting more and more trees.

The program was attended by teaching & non-teaching faculty members, UG and PG students.

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## World Environment Day-2018-2019



“He who plants a tree, plants a hope”-Lucy Larcom



Our beloved Principal, Dr Giridhar Kamath planting a sapling near the Girls hostel


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Teaching and non-teaching staffs and students actively and enthusiastically taking part in World Environment Day



  
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## LIST OF CROSS-CUTTING ISSUES WITH DESCRIPTION 2019-2020

### SELF DEFENCE 2019-2020



Self-defence is basically a countermeasure to an attack, an act of defending oneself.

Sharavathi Dental College and Hospital organized a seminar on 7/09/19. The occasion was graced by our beloved Principal Dr. Giridhar Kamath P., Vice-principal Dr. Shrinidhi M.S. of Sharavathi Dental College and Hospital.

Dr. Giridhar Kamath P. emphasized that self-defence is not restricted to personal safety but it also teaches discipline which transfers over to all other aspects of our life. It helps in flexibility, to gain body and mind control, be more responsive, more observant about the surroundings and achieve cognitive awareness.

The seminar was attended by the faculty and students.

A handwritten signature in green ink, likely of the Principal, Dr. Giridhar Kamath P.

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Dr Shrinidhi M.S., sharing his views and thoughts about the advantages of being aware more vigilant in order to be safe



Dr Giridhar Kamath P., Principal and Dr Shrinidhi M.S., Vice principal on the dais



Students and staff of Sharavathi Dental College and Hospital attending the seminar


  
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Ms. Vani demonstrating few self defense techniques to the students



Students practicing the techniques in college premises

  
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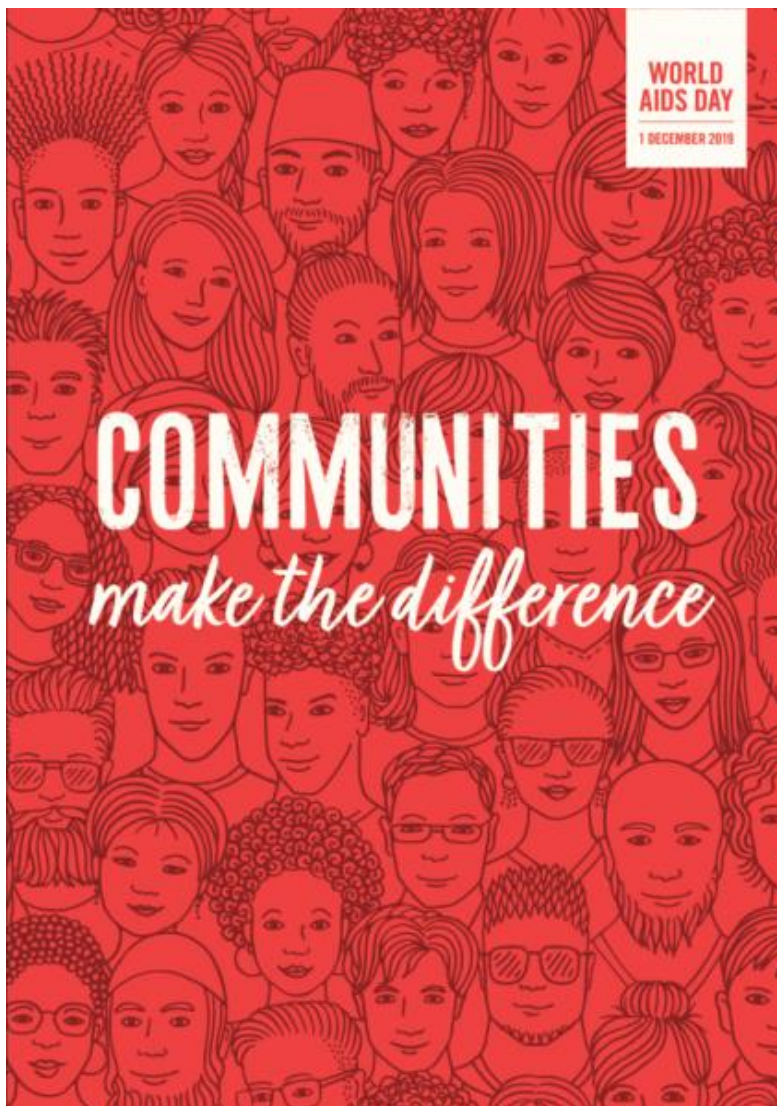
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## WORLD AIDS DAY 2019-2020

The theme of this year's World AIDS Day is "Communities make the difference".

The commemoration of World AIDS Day, which took place on 1 December 2019, is an important opportunity to recognize a major role that communities have played and continue to play in the AIDS response at the International, National and local levels.



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Keeping the theme in mind, Sharavathi Dental College and Hospital organised an awareness program for the patients to impart knowledge about HIV and other sexually transmitted disease and to make a difference in the community.

A lecture was also given by Dr Chethana K.C., Reader, Department of Periodontics, on the oral manifestations of HIV. A postgraduate from the Department of Prosthodontics also presented a talk on pathogenesis of HIV.

Dr Giridhar Kamath P., Principal, Dr Shrinidhi M.S., Vice Principal, staff and students of Sharavathi dental college actively took part in the awareness program.



World AIDS Day on Dec 1<sup>st</sup> 2019


  
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Dr Chethana K.C. presenting a talk on oral manifestations of HIV



Dr Giridhar Kamath P., Principal, Dr Meghashyam Bhat, Head of the Department, Public Health dentistry, Dr Nagendra Shetty, Reader, Public Health Dentistry creating awareness to general public about HIV AIDS

  
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## INTERNATIONAL YOUTH DAY 2019 -2020



National youth day was celebrated at Sharavathi Dental College and Hospital in association with National Medicos organization, Shivamogga on 30 Jan 2020

on the occasion of Swami Vivekananda's birthday. Guest speaker Sri. Madhukar M.P. spoke about the life and mission of Swami Vivekananda. He encouraged the students to 'Be good and do good'. Principal, Dr Giridhar Kamath P., Vice Principal Dr Shrinidhi M.S., Dr Shridhar S., Superintendent, McGann Hospital, Head of the Departments, Staff and students attended the program. A total of 55 students took part in the celebration.



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## WOMEN'S DAY CELEBRATIONS -MARCH 9 2020



Women's day was celebrated at Sharavathi Dental College and Hospital. The occasion was presided by Dr Samrat M.R., Principal, Dr Shrinidhi M.S., Vice Principal and Dr Akshata Okade, Senior lecturer, Department of Oral Pathology.

The theme for International Women's Day 2020 is, I am Generation Equality: Realizing Women's Rights. The emerging global consensus is that despite some progress, real change has been very slow for the majority of women and girls in the world.

Dr Akshata Okade, highlighted about women empowerment, a process that creates power in women to live a respectable life in a society. She also stressed that women are empowered and happy when they are able to access opportunities in a variety of fields such as in education, profession etc. without any restrictions.

The faculty of Sharavathi Dental College and Hospital participated in the event.

A green ink signature of the Principal.

Principal  
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Lighting of the lamp by Dr Samrat M.R., Dr Shrinidhi M.S. and Dr Akshata Okade



Dr Akshata Okade enlightening the audience regarding the theme of Women's Day 2020



The audience keenly listening to the lecture

  
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## WORLD AIDS DAY 2020

Each year, on 1 December, the world commemorates World AIDS Day.


Although world has made significant progress since the late 1990s, HIV remains a major global public health issue. And like many other major health issues, it faces additional challenges during the COVID-19 pandemic. On 1 December WHO joins partners in paying tribute to all those working to provide HIV services, and in calling on global leaders and citizens to rally for “global solidarity” to maintain essential HIV services during COVID 19 and beyond.



Sharavathi Dental College and Hospital organized an awareness program on Dec 1<sup>st</sup> 2020. Dr Zeenath Ambareen, Reader, Department of Pedodontics, gave a talk on pathogenesis of HIV and their effect on children. She also briefly mentioned about the symptoms and treatment in children.

Pamphlets were handed over to the patients by the students and they were educated about safe sexual practices.

Teaching and non-teaching staff, postgraduates, interns and undergraduate took part in educating the patients.

  
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World AIDS Day on Dec 1<sup>st</sup> 2020 at Sharavathi Dental College and Hospital




Dr Zeenath Ambareen, Reader, Department of Pedodontics, presenting a talk on HIV in Children

  
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Student educating the patient about the causes of HIV

  
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## LIST OF CROSS-CUTTING ISSUES WITH DESCRIPTION 2021

### NATIONAL YOUTH DAY-2021

National youth day also known as Vivekananda Jayanthi is celebrated every year on 12<sup>th</sup> January to honour the ideals of Swami Vivekananda. The day marks his birth anniversary.


National medico's organisation in association with Sharavathi Dental College and Hospital and IDA, Shimoga branch, conducted a lecture session for faculty and students of the college. Guest speaker, Dr Dilip Kumar Pandey, Lecturer, Jayaprakash Narayan College, Shimoga enlightened us about the life, mission and vision of Swami Vivekananda. He also encouraged the students to follow his path.

Dr Shrinidhi M.S., Vice Pricipal, Dr Shivakumar B.N., Head of the Department, Oral Pathology and Microbiology, Sharavathi Dental College and Hospital, Dr Sridhara S, Medical Superitendent, McGann were present.

The lecture was well received by the faculty and students.



Be good do good, a program conducted by National Medicos Organisation in association with Sharavathi Dental College and Hospital and IDA, Shimoga branch on the birth anniversary of Swami Vivekananda

  
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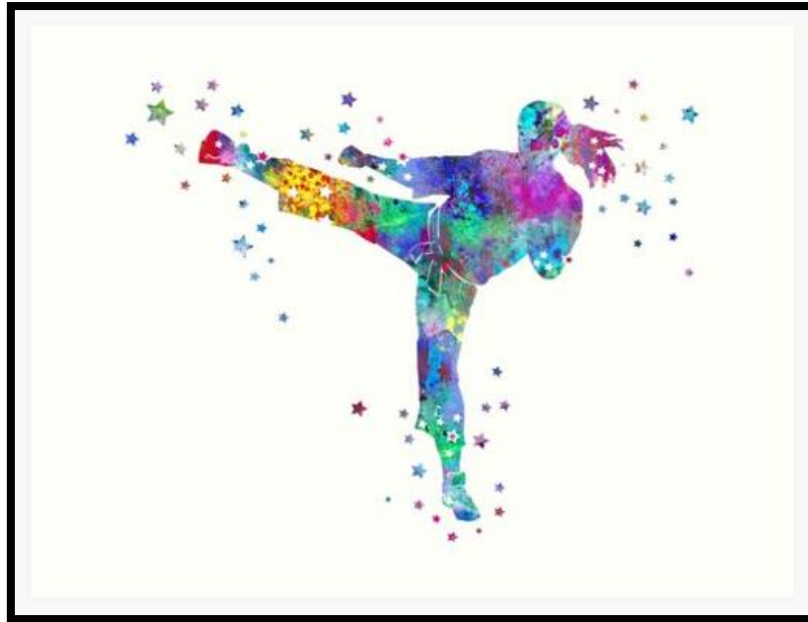
Dr Dilip Kumar Pandey delivering a lecture on life and motto of Swami Vivekanda



Faculty and students attending the one-hour session

  
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## SELF DEFENCE -2021




Statistics show that one in three women will be the victim of some type of violent attack in her lifetime. Hence in today's world, it is very important to know to protect oneself.

Our Institution organised a seminar on self-defence for the staff and students on 15/2/2021.

The seminar was organized by our Principal Dr Samrat M.R. and Vice-principal Dr Shrinidhi M.S.

Dr Samrat M.R. spoke on how to avoid dangerous and intimidating situations without being shaken or scared. It is very important for a person to keep practicing self-defence techniques because when the situation arises where one has to protect or defend from an attack, he/she can do it with confidence and the techniques should be etched in their muscle memory.

The seminar was attended by the faculty, interns and postgraduates.



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Dr Shrinidhi M.S., Vice Principal welcoming the gathering



Dr Samrat M.R., talking about various techniques of self defence



Staff ,interns and postgraduates attending the seminar on self defence

  
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## WOMEN'S DAY CELEBRATIONS -MARCH 8 2021




A challenged world is an alert world. Individually, we're all responsible for our own thoughts and actions-all day, every day. We can all choose to challenge and call out gender bias and inequality. We can all choose to seek out and celebrate women's achievements. Collectively, we can help create an inclusive world. From challenge comes change, so let's all choose to challenge. This year we celebrated Women's Day at Sharavathi Dental College and Hospital and extended our support and solidarity to commit to International Women's Day theme #choose to challenge and call out inequality.

The occasion was graced by our beloved Principal Dr Samrat M.R., Vice-principal Dr Shrinidhi M.S. and Dr Soumya B.G., Department of Periodontics.

Dr Samrat M.R. emphasized on women's contribution in the overall development and empowerment. Dr Soumya B.G. highlighted the dilemma in relation to women's efforts in bringing about change in the traditional rules and also about empowering women.

The celebrations were attended by the faculty.



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Dr Samrat M.R., Principal, Dr Shrinidhi M.S., Vice Principal and Dr Soumya, Professor, Department of Periodontics on the dais



Dr Soumya, Professor, highlighted about empowering women




Dr Samrat M.R. emphasized on women's contribution in the overall development

  
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Staff taking part in Women's Day celebration

  
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## World No Tobacco Day -2021


Tobacco in any form is known to cause cancer, heart disease, stroke, lung disease, diabetes and chronic obstructive pulmonary disease (COPD). Sharavathi Dental College and Hospital organized a webinar on 2<sup>nd</sup> June 2021 on the occasion of No Tobacco Day.

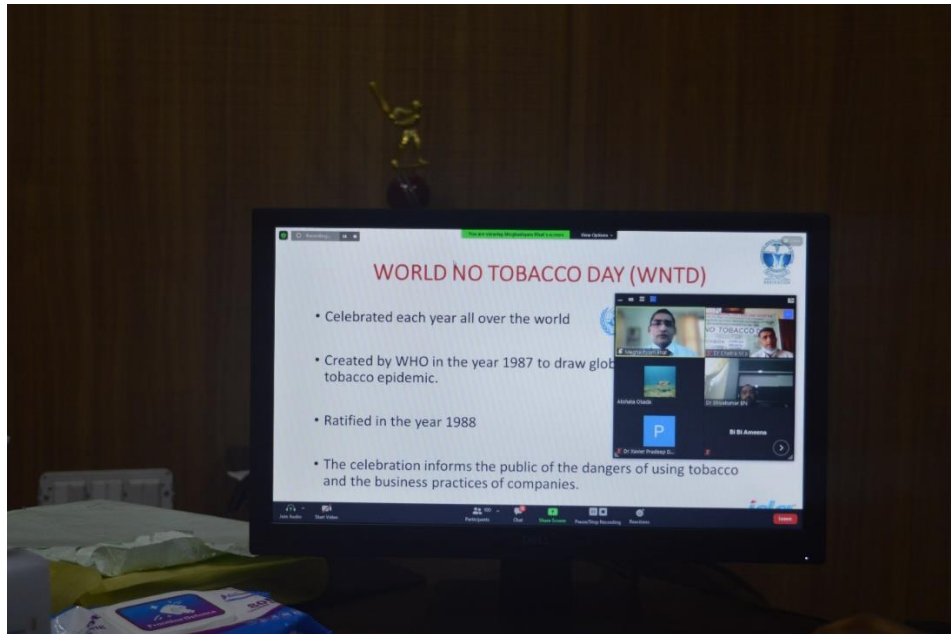
Dr Meghashyam Bhat, Professor and Head, Public Health Dentistry, gave a lecture on the harmful effects tobacco usage can cause to a human being. Dr Usha C, Professor and Head, Department of Oral Medicine and Radiology, also gave a talk on tobacco cessation and counselling techniques for the patients.

Dr Samrat M.R., Principal, Dr Shrinidhi M.S., Vice principal, faculty, postgraduates, interns and undergraduates attended the webinar.

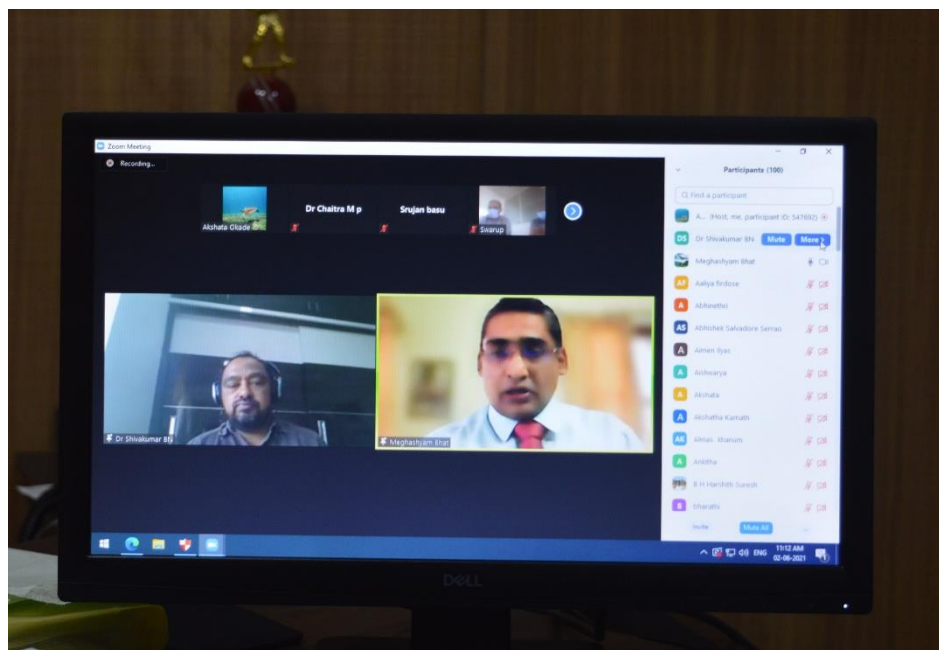


Dr Samrat M.R., Principal, Dr Shrinidhi M.S., Vice principal, Dr Usha C, Professor and Head, Department of Oral Medicine and Radiology and Dr Chaitra M.P., Senior lecturer, Department of Periodontics are the members of the organizing committee


  
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Dr Samrat M.R., Principal, addressing the audience and introducing the speaker



Dr Meghashyam Bhat, Professor and Head, Public Health Dentistry, giving a lecture on tobacco epidemiology and its harmful effects

  
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## WORLD ENVIRONMENT DAY

### Report:

### Celebration of World Environment Day

Date: 5<sup>th</sup> June 2021

World Environment Day was observed in the college campus by planting 10-15 tree Saplings.

Dr. Samrat M. R., Principal, Sharavathi Dental College & Hospital, spoke about conserving our environment by encouraging to plant saplings and by discouraging cutting of trees. This was followed by planting the tree saplings by Principal, Dr. Samrat M.R., Vice-principal Dr. Srinidhi M.S. and teaching and non-teaching faculty members.

Program was attended by both teaching and non-teaching faculty members.

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Staff of Sharavathi dental college planting a sapling at the campus



Principal, Dr Samrat M.R. talking about the importance of planting trees and disadvantages of deforestation

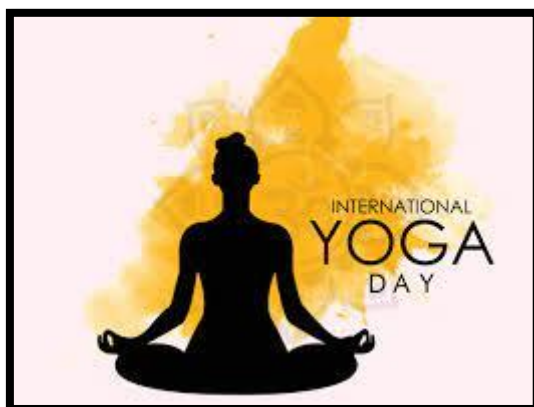
  
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## INTERNATIONAL YOGA DAY 2021

International Yoga Day is celebrated on June 21 every year. It aims to raise awareness and to celebrate the physical and spirituality yoga has brought to the world stage. Sharavathi Dental College and Hospital celebrated Yoga Day on June 21, 2021 by organising yoga and meditation session led by Dr Kala Bhushan.

Bhimanna T Naik, Trustee, Sharavathi Dental College and Hospital, Dr Samrat M.R., Principal, Dr Shrinidhi M.S., Vice principal and Dr Kala Bhushan, Professor, Department of Periodontics, teaching and non-teaching staff attended the session


Dr Kala Bhushan stressed on the advantages yoga and meditation has to offer to all of us especially during COVID 19. She demonstrated few asanas and all the attendees enthusiastically took part in the session.



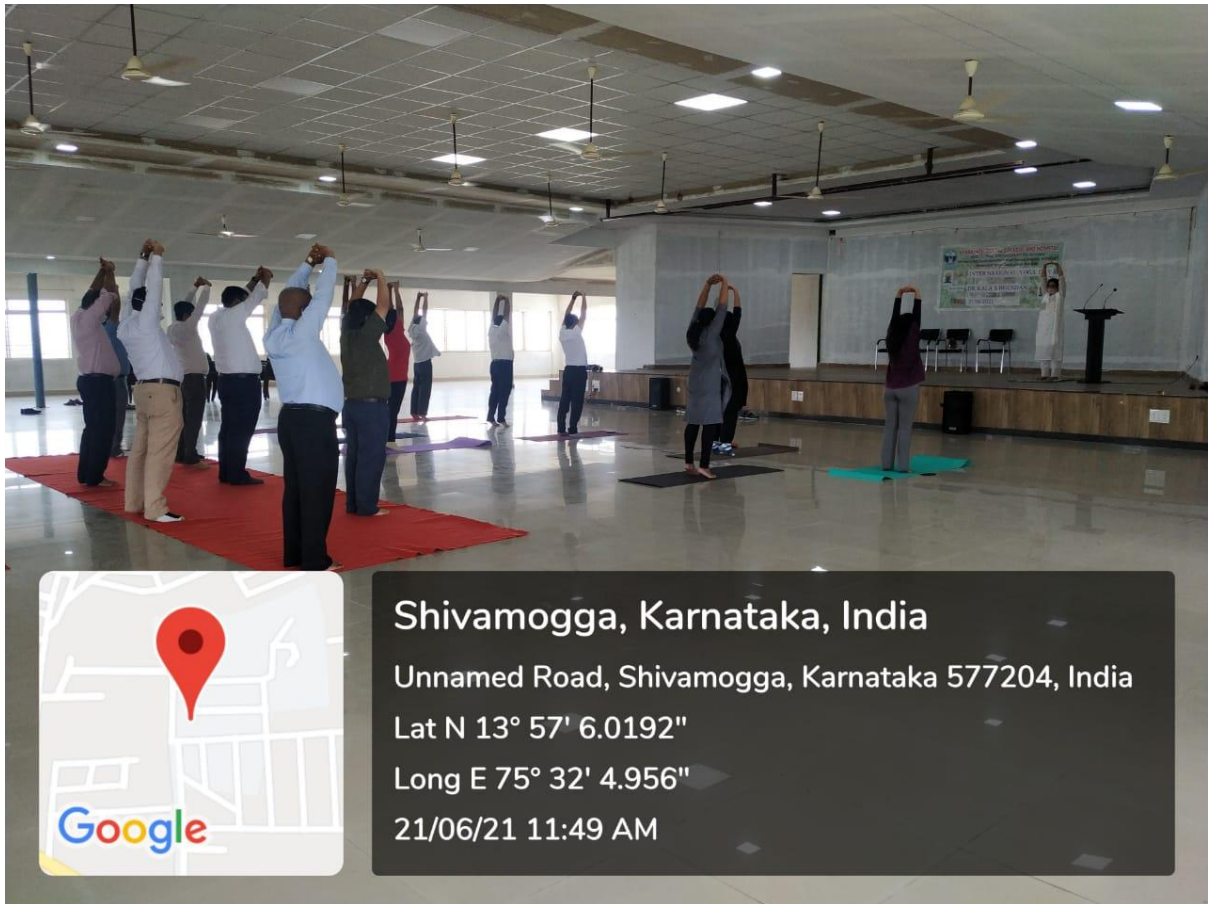
  
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Bhimanna T Naik, Trustee, Sharavathi Dental College and Hospital, Dr Samrat M.R., Principal, Dr Shrinidhi M.S., Vice principal and Dr Kala Bhushan, Professor, Department of Periodontics inaugurating the program by lighting the lamp

  
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Teaching and non -teaching staff taking part in the yoga and meditation session

  
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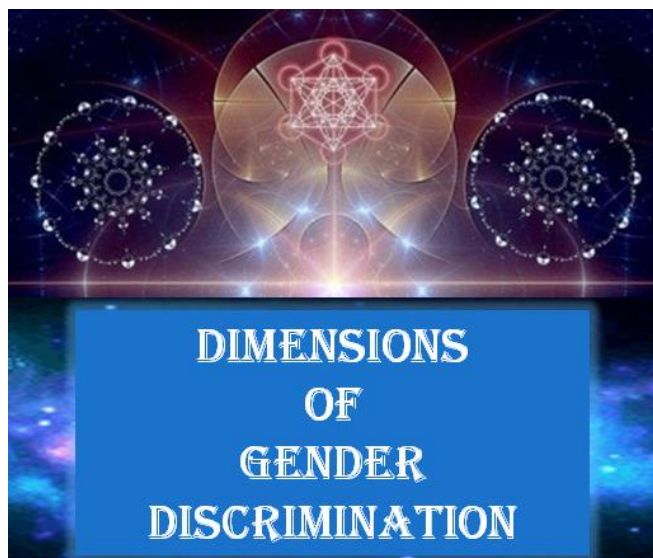
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## DIMENSIONS OF GENDER DISCRIMINATION-2021

### WEBINAR



On 19<sup>th</sup> July 2021, our Institution Sharavathi Dental College & Hospital, conducted a webinar on Gender Equity Senitization programme .

Speaker Mrs.Manjori Ahmed., Head of Service Operations Management, City of London Telecom (COLT) technologies presented a webinar on dimensions of gender discrimination. Presenter delivered speech on equality, where all human beings irrespective of Gender, should respect each others' feelings and change the mindset to kindness which makes the world a more beautiful place to live and grow in.

Organizing Committee members include Dr.Samrat M R., Principal, Dr.Shinidhi M S., Vice Principal, Dr.Zeenath Ambareen., Reader, Dr. Shobha R., Senior lecturer, Department of Pedodontics and Preventive Dentistry.

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**Sharavathi Dental College & Hospital**  
(Affiliated to R G U H S Bangalore, Recognised By Dental Council of India)

**WEBINAR SERIES-02**

**Dimensions of Gender Discrimination**

On Monday July 19, 2021 10:00am onwards  
For Faculty and Students

**Mrs. Manjori Ahmed**  
Head of Service  
Operations Management  
City of London Telecom(COLT)  
technologies

Platform Webex Meeting  
ID : 158 825 7824

**Organising Committee**

- Dr Samrat M R  
Principal SDCH
- Dr Shrinidhi M S  
Vice Principal SDCH
- Dr Shobha R  
Organising Secretary

**E-Certificate**  
**REGISTER NOW!**

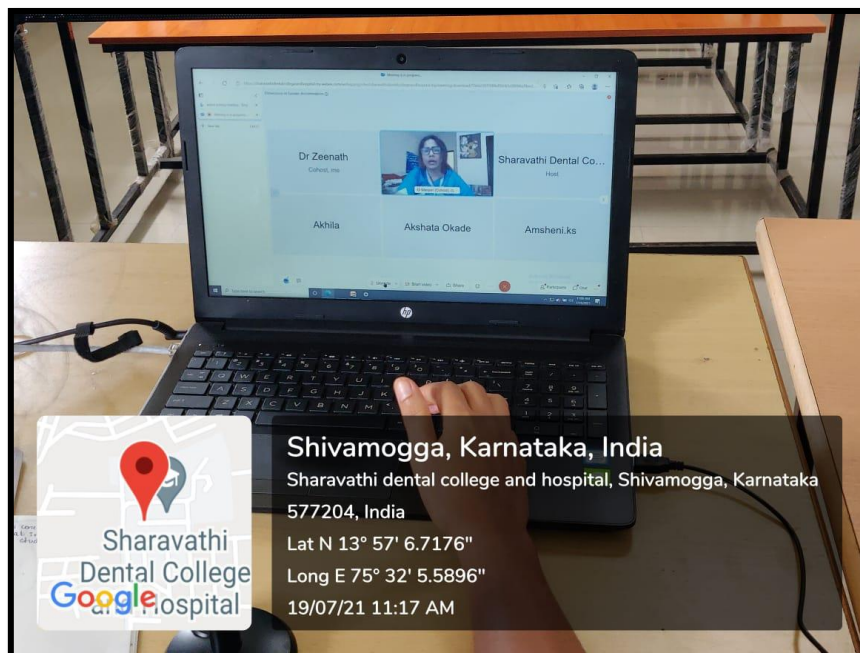
Programme Moderator  
Dr Zeenath Ambareen  
Reader, Dept of Pedodontics  
94800 00950

Registration  
Dr Shobha R  
Sr Lecturer Dept of Pedodontics  
91489 30696


WWW.SHARAVATHIDC.ORG

Email : SDCNAAC21@GMAIL.COM

### Webinar registration link details




Speaker Mrs.Manjori Ahmed addressing participants online

  
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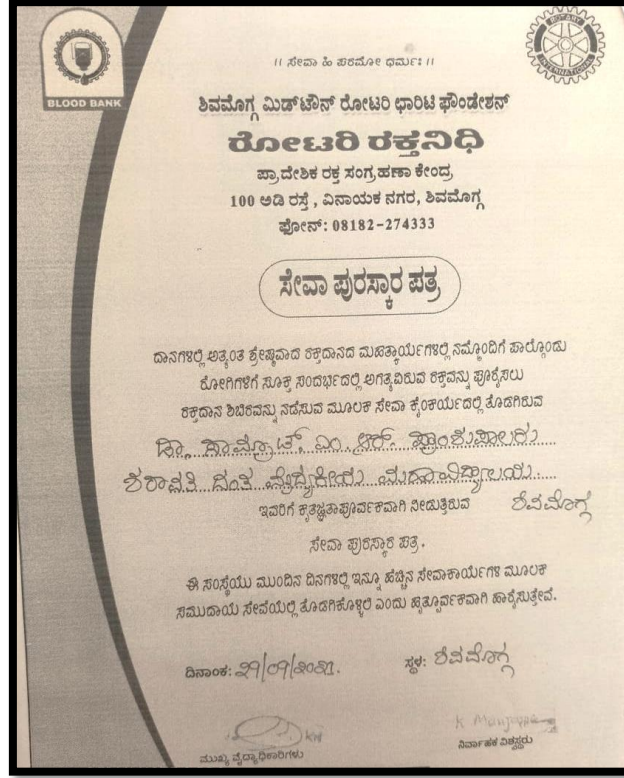




3. Organizing committee members- Dr.Zeenath Ambareen., Reader, Dr. Shobha R., Senior Lecturer

  
**PRINCIPAL**  
 Sharavathi Dental College & Hospital  
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## BLOOD DONATION CAMP-2021



The purpose of conducting a blood donation camp at Sharavathi Dental College and Hospital in association with Rotary blood bank, Shimoga was to raise awareness about the need for safe blood and blood products for transfusion and of the contribution voluntary blood donors make to national health systems.


On the account of World Heart Day, on 29<sup>th</sup> Sept 2021, the staff and students came forward to donate blood. Some of the donors who could not donate this time assured for donation in the next camp. A Certificate of appreciation and refreshment was given to each donor as a token of gratitude.

Dr Samrat M.R, Principal, Dr Srinidhi M.S., Vice principal, doctors and nurses from Rotary blood bank, faculties and students of Sharavathi Dental College and Hospital were present



Our beloved principal Dr Samrat M.R. donating blood and setting an example for the youth




  
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Token of appreciation handed over to Dr Samrat M.R., Principal of Sharavathi Dental College and Hospital by Rotary Blood Bank, Shivamogga

  
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## WORLD AIDS DAY 2021

The theme of World AIDS Day 2021 is “End inequalities. End AIDS”. This year the WHO has focused on reaching people left behind and to highlight the growing inequalities in access to essential HIV services.

Sharavathi Dental College and Hospital organized a series of lectures presented by the postgraduates and also educating the patients via pamphlets and audiovisual aids.

Dr Samrat M.R., Principal, Dr Shrinidhi M.S, Vice Principal, Dr Usha C, Head of the Department, Oral Medicine and Radiology and Dr Akshata Okade, Senior lecturer, Department of Oral Pathology and Microbiology invoked the blessings of almighty by the lighting the lamp.

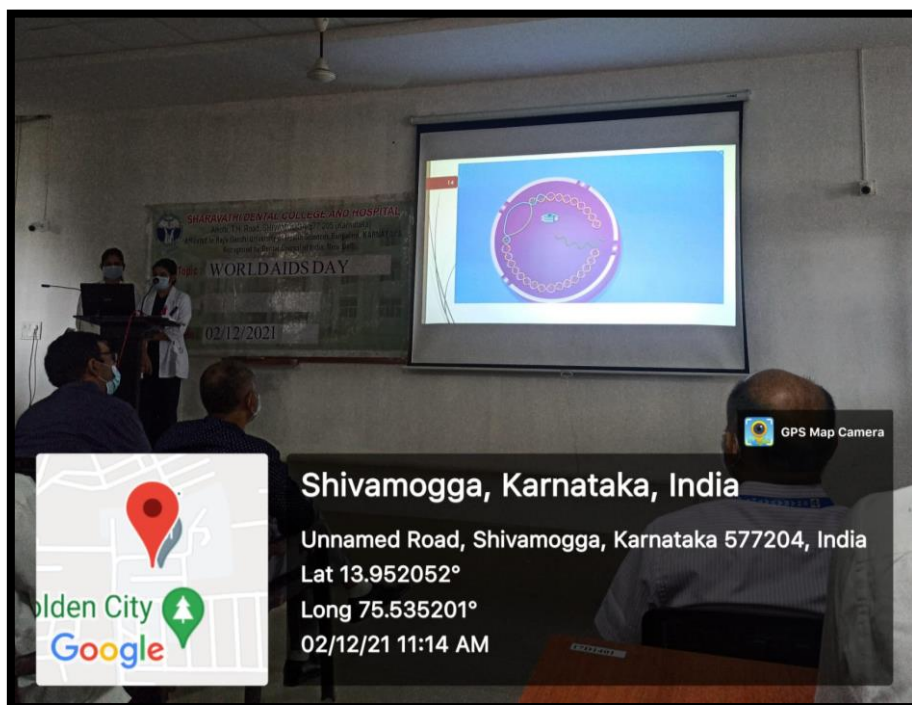
The postgraduates from Periodontics, Pedodontics and Conservative dentistry presented a seminar on pathogenesis of HIV, oral manifestations of HIV and Management of HIV.

Later, pamphlets were circulated among the patients to create awareness regarding the deadly disease.


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World AIDS day at Sharavathi Dental College and Hospital on 2<sup>nd</sup> Dec 2021



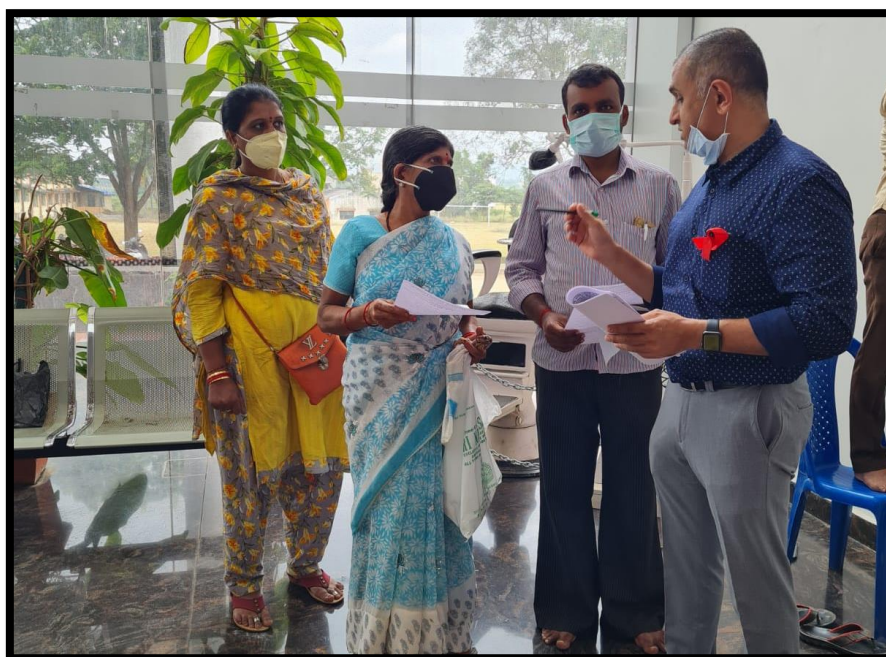
Postgraduates presenting a seminar on pathogenesis of HIV

  
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Faculty and students attending the seminar on World AIDS day



Our beloved Principal, Dr Samrat M.R., educating the patients regarding HIV AIDS

  
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